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W I N T E R
F R E E B I E



What matters to me
this winter?



PRIORITIZE



Must Do

Should Do

Want To Do

Never Mind



What worked last month?



What do I need more of this month?

What are my commitments this month?



INTENTIONS



**TIME
FRAME:**

LIFESTYLE			

FINANCIAL			

CAREER			

RELATIONSHIPS			

SELF-CARE			

ADVENTURE			

SPIRITUALITY			

HEALTH			

NEW SKILLS			